



LOON ORGANICS

Laura Frerichs & Adam Cullip

23229 200th St Hutchinson, MN 55350

Phone: 320.587.0140

loonorganics@hotmail.com

www.loonorganics.com

What's in the box 9/28:

Red and/or Golden Beets: Some of these are monsters and some are small. All are very sweet and not woody. There's a great recipe for thyme-roasted beets on Page 2.

Fresh Thyme: This is one of our favorite herb. It goes great with everything! Hang the bunch upside down to dry if you can't use it all this week.

Buttercup Squash: This is the big, round squash with a dark blue skin. It has a smooth texture, dry flesh and sweet. Great just baked up, in soups or use in a pie—it's better than pumpkin!

Delicata Squash: The delicata squash has the green striped skin and is often called the Sweet Potato Squash due to its flaky, sweet flesh.

Carnival Squash: Sweet flesh is similar to an acorn, but with much prettier skin! Great squash for stuffing. Can use as a fall decoration until you eat it.

Celery Root: Not your typical supermarket vegetable. New recipes and more info. on Page 2.

Yukon Gold Potatoes: Try the celery root and potato mash Recipe
Sweet Bell Pepper or Sweet

Jimmy Nardello Pepper: Stuff or chop and freeze.

Yellow Onion: large and potent!

Orange Carrots: SO sweet and crunchy. The best thing in the box?

Salad Mix: Not at all bitter. No worms. ☺ Really nice stuff.

Cherry Tomato: still sweet.

Cauli, Broccoli or Romanesco:
Sauté up w/thyme

Week 16: Five Inches of Rain in One Day

It seems unnecessary to say that the farm is a very wet place right now. We received about 5 inches in our rain gauge last Wed. night and Thursday, and our irrigation pond is filled all the way to the top. I think we've used the pond to irrigate just once or twice this whole season and we definitely won't need it the rest of the year. There is the usual stream of water flowing through the low places on the farm and we had to wade through it to get to the cabbage and cauliflower we harvested for Saturday's market. After being out and about in the fields today, we were actually surprised how well the fields and crops held up with the big rain. After the wind, warmth, sun and dry weather this week, our fields should be in much better shape to get in and harvest. It seems like we got off easy compared to the 8-10 inches they received in Southern MN. That is 1-2 months worth of rain in 1 day. Ugh.

Whatever the weather brings, the farm keeps chugging along. We were anticipating the rain event last week and were able to get out much of our squash which was in some lower-lying fields. The rainy days gave us a chance to wash the over 2,000 winter squashes harvested as well as 150 bunches of carrots for the box and another 100 bunches to bring with us to the farmers market on Saturday. The sprayer hose in our pack shed is getting a lot of use lately as we have extra washing and cleaning of the veggies to do with all the muddy field conditions. We even use a pressure washer to get the hard-to-clean carrots super sparkling and bright! Besides harvesting, we were happy to finally get our new hoop house covered in plastic before the rains came mid-week. We just have the roll-up sides to finish and then it will be sealed up for this fall!

If you can believe it, **after today's box we have just 2 more CSA deliveries.** That came up fast! A few end of the season reminders... If you are a half share even week CSA member, your last box is on Week 18. Next week (17) will be the last week of deliveries for our odd week members. **If you have any leftover CSA boxes from previous weeks, please bring them back to us at the next two pick-ups!** We go through at least 500 CSA boxes each season, so any boxes you can return to us are helpful. If you still have any green pint containers that we send the cherry tomatoes in, we'd also appreciate those returned.

Thanks to all who made the trek out to visit the farm at our fall festival!! If you didn't make it this year, mark your calendars for next year, ESPECIALLY a strawberry u-pick party on a Saturday in late June. Yep, we've planted 1,000 strawberry plants for next year and the plants are looking just great. We will pick the berries for your box a couple times then you can pick some of your own! Sweet things to look forward to...

